

About Chesapeake Caregivers

Since 1997, Chesapeake Caregivers has provided assistance to individuals in their community that want to remain in their own home. John and Susan Degen found a need to add Home Care to their Assisted Living services on the Eastern Shore. Chesapeake Caregivers now has a broad range of experience in many aspects of health care and a passion for assisting the elderly. Our client-centered approach is what sets Chesapeake Caregivers apart in the industry.

We love being able to assist individuals in our community. We do this by promoting a safe, independent environment at home to enrich their quality of life.

Need a little extra help around the house? We can assist with the following daily tasks:

- Plan and prepare meals
- Make beds/change linens
- General house cleaning (garbage removal, dusting, vacuuming, laundry)
- Provide assistance with letter writing, emails, reading, appointments, calendars
- Care for pets and house plants
- Shop and/or run errands/pick-up medications
- General companionship and conversation

Personal Care Services

- Grooming, dressing, bathing
- Incontinence
- Mobility assistance
- Safe transfers with assisted devices
- Medication reminders
- Monitor diet and eating
- Accompany to doctor visits
- Assist with prescribed Physical & Occupational Therapy exercises
- Blood pressure checks

Care Coordination

Our Care Coordination team is available to help you remain independent by providing many services, including:

- Companionship & Personal Care Services
- Coordination with Palliative Care & Hospice Support
- Coordination with Hospital or Rehabilitation Discharge to home
- Connections to other resources that may be available to you within your community, including: Department of Aging, Medical Equipment, Physical and Occupational Therapy, In-Home Podiatry, and much more

Pricing

- \$24.00 to \$30.00 per hour based on the level of care needed
- Minimum 4 hour shifts - 2 days weekly required
- Registered Nurse on staff
- Free initial client assessment
- 24/7 Care - Overnight/live-in services (priced on individual basis)



Improving the Quality of Your Life at Home

**A FAMILY-OWNED & OPERATED
IN-HOME CARE PROVIDER**

**ChesapeakeCaregivers.com
410.919.0190**

Licensed by the Maryland Department of Health and Mental Hygiene, Chesapeake Caregivers' Residential Services Agency offers:

- ✓ 24/7 Availability (Overnights Available)
- ✓ RN Consultations and Assessments to Clients
 - ✓ Level 1 Care in Your Home
 - ✓ Complete Care Coordination

To learn more about our services, please contact:



Susan Degen

Managing Partner & VP of Operations
202.904.7617 | susan@chesapeakecaregivers.com



Ashley Johnson

Director of Marketing & Sr. Care Coordinator
443.891.7320 | ashley@chesapeakecaregivers.com



Michele Lovell

Sr. Care Coordinator - Eastern Shore Office
443.786.1429 | michele@chesapeakecaregivers.com

Or visit **ChesapeakeCaregivers.com**
or one of our two locations:



Licensed Maryland Residential Agency #R2925